

## PATENT ABSTRACTS OF JAPAN

(11)Publication number : 09-143088

(43)Date of publication of application : 03.06.1997

(51)Int.Cl.

A61K 35/78  
A61K 31/355  
A61K 31/375  
A61K 31/44  
A61K 31/51  
A61K 31/525  
A61K 31/675  
A61K 31/68  
// (A61K 35/78  
A61K 31:51 )  
(A61K 35/78  
A61K 31:51  
A61K 31:525  
A61K 31:44  
A61K 31:68  
A61K 31:375  
A61K 31:355 )

(21)Application number : 08-244403

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(22)Date of filing : 17.09.1996

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(30)Priority

Priority number : 07242597 Priority date : 21.09.1995 Priority country : JP

## (54) NUTRITIOUS TONIC HEALTH AGENT

(57)Abstract:

PROBLEM TO BE SOLVED: To provide a nutritious tonic health agent having excellent antistress effects by containing an extract of *Acanthopanax giraldii* Harms., an extract of *Schizandrae Fructus* and vitamins.

SOLUTION: This nutritious tonic health agent contains (A) an extract of *Acanthopanax giraldii* Harms., (B) an extract of *Schizandrae Fructus* and (C) vitamins, their salts, their derivatives [e.g. thiamin propyl disulfide (prosultiamine), thiamin tetrahydrofurfuryl disulfide (fursultiamine), thiamin-8-(methyl-6-acetyldihydrothiolactate) disulfide (octotiamine), those salts; vitamin B2, its salt; vitamin B6, its salt; vitamin C, vitamin E, their salts, their esters; inositol, etc., e.g. this agent contains 1-30wt.% component A, 1-40wt.% component B and 2.5-85wt.% component C based on the whole agent.

## LEGAL STATUS

[Date of request for examination]

05.09.2003

[Date of sending the examiner's decision of

rejection]

[Kind of final disposal of application other than the examiner's decision of rejection or application converted registration]

[Date of final disposal for application]

[Patent number]

[Date of registration]

[Number of appeal against examiner's decision of rejection]

[Date of requesting appeal against examiner's decision of rejection]

[Date of extinction of right]